



# EMERGENCY SUPPLY CHECKLIST

## FOOD AND WATER

7 day supply of bottled water  
1 gallon per family member,  
per day

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7 day supply of nonperishable  
food, such as canned goods  
and dry cereal

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Utensils (*nonelectric can opener,  
forks, knives, spoons and cups*)

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7 day supply of food/water  
for pets

## GENERAL SUPPLIES

Medications  
*(ask about proper storage)*

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Cash and copies of important  
documents (*financial, legal, etc.*)

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First aid kit

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Baby and pet supplies, if needed



## OTHER NEEDED ITEMS

Cell phone, battery-powered  
radio and flashlight  
*(extra batteries)*

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Hygiene products (*toilet paper,  
soap, toothbrush*), insect  
repellent and cleaning supplies

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Tools (*include a wrench  
to shut off utilities*)

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Sleeping bags, clothes,  
walking shoes



HARFORD COUNTY HEALTH DEPARTMENT  
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