

# Harford County Behavioral Health Resource Guide



**Public Health**  
Prevent. Promote. Protect.

**Harford County  
Health Department**

HARFORD COUNTY HEALTH DEPARTMENT

120 S. HAYS STREET

BEL AIR, MARYLAND 21014

410.838.1500

[WWW.HARFORDCOUNTYHEALTH.COM](http://WWW.HARFORDCOUNTYHEALTH.COM)

# **Urgent (For Immediate Assistance)**

## **Harford County Mobile Crisis Team**

**Sheppard Pratt Health System**

104 North Main St, Ste 201

Bel Air, MD 21014

**Hours: 7 days per week from 8:00a-12:00 midnight**

**410-638-5248**

# **Emergent (For Appointments within 24-48 hours)**

## **Alternative Counseling and Wellness Center**

**Harford County:** 2823 Churchville Rd / Churchville, MD 21028/ 410.828.0101

**Baltimore County:** 28 Alleghany Ave / Suite 510/ Towson, MD 21204/ 410.828.0101

**Office Hours:** 12p-8p (Mon-Fri), Saturday-by appointment

**Accepted Insurance:** Carefirst-BCBS/ Aetna/Medicaid/ Tricare/ ComPsych/ Medicare/ APS/  
United Behavioral Health/Magellan/ Value Options/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult

## **Ann-Marie Porretti, LCPC**

2303 Bel Air Rd / Suite B/ Fallston, MD 21047/ 410.591.8316

**Office Hours:** 5p-8p (Tues,Wed,Fri), Saturday 9a-3p

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/ United Behavioral Health/  
Value Options/Magellan

**Demographic:** Child/ Adolescent/ Adult

**Specialty Area:** PTSD/ trauma/ discognitive behavioral therapy

## **Bob Bowden, LCPC**

3006 Churchville Rd / Churchville, MD 21028/ 410.830.9268

**Office Hours:** 8a-8p (Mon-Thurs)

**Accepted Insurance:** Carefirst-BCBS/Tricare/Cigna/Aetna/ Value Options/Medicaid/JHHP-EHP/  
United Healthcare/United Behavioral Health/APS/Self Pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** individual psychotherapy/couple & family psychotherapy

## **Carolyn Wells, LCPC**

1001 Cedar Corner Rd/ Suite C/ Perryville, MD 21903/ 443.275.8874

**Office Hours:** 10a-8p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Tricare/ComPsych/United Healthcare/APS/  
United Behavioral Health/Magellan/Value Options/Commercial Payers/Commercial-out of  
network benefit

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Cynthia D. Balog, LCPC, LCADC**

3313 Paper Mill Rd, Ste 5/ Phoenix, MD 21131/ 410.802.4049

**Office Hours:** 9a-9p (Mon-Fri) 9a-5p (Sat,Sun)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/ComPsych/Value Options/Magellan  
United Behavioral Health/self pay

**Demographic:** Child/ Adolescent/ Adult

**Specialty Area:** behavioral & substance abuse addiction/depression/anxiety/couple therapy

## **Dale Tracy, LCPC**

**Harford County:** 4 North Ave/ Ste 303/ Bel Air, MD 21014/ 443.414.8617

**Office Hours:** 2p-8p (Mon) & 10a-8p (Wed)

**Cecil County:** 102 B East Cecil Ave/ Northeast, MD 21901/ 443.414.8617

**Office Hours:** 10p-8p (Tues, Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/United Healthcare/Self Pay, graduated scale

**Demographic:** Adult/ Geriatric

**Specialty Area:** couple & family therapy

## **Emmorton Psych**

3105 Emmorton Rd/ Abingdon, MD 21009/ 410.569.5900

**Office Hours:** 8a-4p (Mon-Fri) 6p-9p (Mon/Wed/Thur/Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/United Behavioral Health/Medicare

**Demographic:** Adult/ Geriatric

**Specialty Area:** mental health, substance abuse

## **Drumgoole Counseling Services**

1212 Churchville Rd/ Ste 301/ Bel Air, MD 21014/ 443.955.9648

**Office Hours:** 5p-9p (Mon-Thurs) 9a-3p (Tues, Thurs)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Tricare/ APS/Magellan/Medicaid/JHHP-EHP/  
ComPsych/Commercial-out of network benefit/Self- Pay, sliding scale

**Demographic:** Child 10+/ Adolescent/ Adult/ Geriatric

## **In Spirit Counseling Services**

**Harford County:** 2501 Emmorton Rd/ Abingdon, MD 21009/ 410.433.8861 X 501

**Office Hours:** 9a-7p (Mon-Wed)

**Baltimore County:** 9534 Bel Air Rd/ Nottingham, MD 21236/ 410.433.8861

**Office Hours:** call for appointment (Mon-Sat)

**Accepted Insurance:** Medicaid/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Joan Jurkowski, LCPC, CAC-AD**

3313 Paper Mill Rd/ Suite 5/ Phoenix, MD 21131/ 410.790.9604

**Office Hours:** 1p-9p (Mon), 11a-9p (Tues), 9a-5p (Thurs), 1p-7p (Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/Aetna/Cigna/Coventry-MHNet/ComPsych/Magellan/Value Options/ Kaiser (w/out of network benefit)

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** substance abuse

## **Joy A. Williamson, LCSWC**

22 Linwood Ave/ Suite B/ Bel Air, MD 21014/ 410.420.0404

**Office Hours:** 10a-8p (Mon-Thurs)

**Accepted Insurance:** Carefirst-BCBS/Medicare/Magellan/APS/Tricare/United Behavioral Health/Aetna/Commercial-out of network benefit/self pay

**Demographic:** Adolescent/ Adult/ Geriatric

## **Karing Actions Bring Solutions**

59 Kensington Pkwy/ Abingdon, MD 21009/ 443.928.9554

**Office Hours:** 9a-8p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Magellan/Medicare/Medicaid/United Behavioral Health/JHHP-EHP/United Healthcare/Value Options/Self- Pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Kilgalen and Associates**

1716 Harford Rd/ Ste 204/ Fallston, MD 21047/ 410.877.7207

**Office Hours:** 8a-8p (Mon-Thurs), 8a-5p (Fri), 8a-7p (Sat)

**Accepted Insurance:** All Insurance Plans

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Linda Smith, LCPC**

**Bel Air:** 26 South Main St/ Bel Air, MD 21014/ 443.655.7164

**Office Hours:** 12p-8p (Mon, Wed) & 1p-5p (Fri)

**White Hall:** 4831 Norrisville Rd/ White Hall, MD 21161/ 443.655.7164

**Office Hours:** 2p-6p (Tues, Thurs) & 9a-12p (Sat)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/ MH Net/Medicaid/ Uninsured-graduated scale/ Commercial-out of network benefit

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** equine assisted psychotherapy

## **Marc Getz, LCPC**

26 South Main St/ Bel Air, MD 21014/ 410.838.4647

**Office Hours:** 1p-9p (Mon-Thurs), 9a-5p (Sun)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/Cigna/ United Behavioral Health/Tricare/Aetna/Magellan/APS/Value Options/ Commercial-out of network benefit/Self- Pay

**Demographic:** Adolescent/ Adult

**Specialty Area:** cognitive behavioral therapy, dual diagnosis

## **Michelle W. Sayre, LCSW-C**

754 Hickory Avenue/ Suite D/ Bel Air, MD 21014/ 410.459.3844

**Office Hours:** 11a-7p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/ Self- Pay, will submit courtesy claim to insurance

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** equine assisted psychotherapy, EAGALA certified

## **Nikita Cox, EDD, LCPC**

413 West Bel Air Ave/ Suite 103/ Aberdeen, MD 21001/ 443.756.3101

**Office Hours:** 8a-1p (Tues), 10a-6p (Wed, Fri), 8a-1p (Sat)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Medicaid/Tricare/Magellan/APS/ Value Options/ComPsych/United Behavioral Health/Commercial-out of network benefit/ Self- Pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **North Harford Counseling Center**

1714 West Jarrettsville Rd/ Jarrettsville, MD 21084/ 443.613.6233

**Office Hours:** 9a-8p (Tues-Thurs), 9a-6p (Fri), 9a-4p (Sat)

**Accepted Insurance:** Carefirst-BCBS/Value Options/APS/Aetna/Cigna/Medicaid/JHHP/Magellan

**Demographic:** Child/ Adolescent/ Adult

## **Pathways Counseling Services**

6610 Tributary St./ Suite 310/ Dundalk, MD 21224/ 443.438.9532

**Office Hours:** 8a-5p (Tues-Fri)

**Accepted Insurance:** Carefirst-BCBS/Humana/Medicaid

**Demographic:** Child 7-17/ Adult/ Geriatric

**Specialty Area:** home visits in Harford County

## **The Pinkis Group**

9 South Hickory Ave/ Bel Air, MD 21014/ 410.838.1113

**Office Hours:** 9a-5p (Mon-Fri) some evenings

**Accepted Insurance:** Medicare/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Psych Associates Care, LLC**

2303 Bel Air Rd/ Suite B/ Fallston, MD 21047/ 443.279.2000 X1

**Office Hours:** 1p-6p (Mon), 9a-1p (Thurs)

**Accepted Insurance:** Aetna/Cigna/Self- Pay, will submit courtesy claims to insurance

**Demographic:** Child/ Adolescent/ Adult



## **Psych Associates of MD**

22 Linwood Ave/ Suite B/ Bel Air, MD 21014/ 410.627.2660 / 410.823.6408 X14

**Office Hours:** 2p-9p (Fri)

**Accepted Insurance:** Carefirst-BCBS/ Medicare/Aetna/Cigna/United Healthcare/Commercial Payers

**Demographic:** Adolescent/ Adult / Geriatric

## **Safe Harbor Counseling**

**Bel Air:** 2227 Old Emmorton Rd/ Suite 119/ Bel Air, MD 21015/ 410.893.4800

**Forest Hill:** 12 East Jarrettsville Rd/ Forest Hill, MD 21050/ 410.893.4800

**Office Hours:** 8a-9p (Mon-Fri), 9a-5p (Sat)

**Accepted Insurance:** Carefirst-BCBS/ JHHP-EHP/US Family Care/Tricare/ Medicaid/Medicare/APS/Aetna/Commercial Payers/Cigna (out of network benefit)

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Support with Compassion Family Counseling, LLC**

1600 Singer Rd/ Joppa, MD 21085/ 410.688.2138

**Office Hours:** 11a-7p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Magellan/Cigna/ Champ VA/Tricare/Medicare/Medicaid/ Military One Source/self pay-sliding scale

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Swan Expressive Therapies**

260 Gateway Dr/ Suite 3-4B/ Bel Air, MD 21014/ 410.838.9558

**Office Hours:** 9a-9p (Mon-Fri)

**Accepted Insurance:** Self- Pay, will provide documentation for patients for direct submission to insurance

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Therapeutic Living for Families**

1837 1/2 Pulaski Hwy/ Edgewood, MD 21040/ 410.366.1151

**Office Hours:** 9a-5:30p (Mon-Fri)

**Accepted Insurance:** Medicare/Medicaid/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Non-Emergent ( For Appointments in 7-14 Days)**

### **Alyssa Taylor, LCSW**

1804 Harford Rd/ Fallston, MD 21047/ 443.417.0069

**Office Hours:** 12p-9p (Mon, Thur), 12p-9p (Tues, Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/self pay-graduated scale

**Demographic:** Adolescent/ Adult

**Specialty Area:** equine assisted psychotherapy

## **Associated Mental Health Specialists**

**Bel Air:** 336 South Main St/ Ste 1C-C/ Bel Air, MD 21014/ 410.583.2222

**Towson:** 100 East Pennsylvania Ave/ Towson, MD 21204/ 410.583.2222

**Essex:** 532 Eastern Blvd/ Essex, MD 21221/ 410.583.2222

**Office Hours:** 9a-5p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Tricare/ComPsych/APS/Magellan/

United Behavioral Health/United Healthcare/Value Options/Medicare/Medicaid/

Commercial Payers

**Demographic:** Child/Adolescent/Adult

## **Bay Counseling Services**

2107 Laurel Bush Rd/ Ste 209/ Bel Air, MD 21015/ 410.569.5000

**Office Hours:** 7a-9p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/United Behavioral Health/Medicare/Coresource/Tricare/APS/Cigna/ComPsych/JHHP-EHP/BICHFEP/Kaiser/MH Net/VBH/Magellan/self pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Brinkerhoff and Associates**

4 North Ave/ Ste 303B/ Bel Air, MD 21014/ 888.789.6435/ 410.457.7767

**Office Hours:** 11a-7p (Tues, Thur, Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/JHHP-EHP/Value Options/APS/United Behavioral Health/Magellan/self pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** behavioral addiction, substance abuse addiction, PTSD, couple & family therapy, holistic approach

## **Carol A. Deel and Associates**

101 S Main St/ Ste 307/ Bel Air, MD 21014/ 410.879.2470

**Office Hours:** 10a-7p (Mon-Thur)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Magellan/Medicaid/Tricare/Military One Source/United Behavioral Health/Value Options/APS/Employee Assistance Program (EAP)/self pay

**Demographic:** Adult/ Geriatric

## **CenterPointe Counseling**

206 East Courtland Place/ Bel Air, MD 21014/ 800.491.5369 X 120

**Office Hours:** day & evening (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/APS/Cigna/ComPsych/JHHP-EHP/  
Magellan/Medicaid/Medicare/Tricare/MH Net/Multiplan/United Behavioral Health

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Dale L. Peterson, PhD**

24 Pennsylvania Ave/ Ste 101/ Bel Air, MD 21014/ 443.987.4127

**Office Hours:** 7a-3p (Mon/Wed)

**Accepted Insurance:** Carefirst-BCBS/Cigna/JHHP-EHP/Medicare/United Behavioral Health

**Demographic:** Adult/ Geriatric

## **David L. Jahn, PhD**

22 West Pennsylvania Ave/ 2nd Floor/ Bel Air, MD 21014/ 410.836.8984

**Office Hours:** 9:30a-9:30p (Mon-Thur)

**Accepted Insurance:** Carefirst-BCBS/Aetna/United Behavioral Health/APS/Tricare/self pay

**Demographic:** Adult

## **Diane Casciotti, LCSW**

101 South Main St/ Ste 307/ Bel Air, MD 21014/ 410.979.7561

**Office Hours:** day & evening (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Cigna/Kaiser/United Behavioral Health/APS/JHHP-  
EHP/Value Options/Tricare

**Demographic:** Adolescent/ Adult

## **Eagles Nest Family and Children Services, LLC**

59 Kensington Pkwy/ Abingdon, MD 21009/ 410.670.3784

**Office Hours:** 10a-7p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Magellan/APS/ComPsych/Medicaid/Tricare/self pay

**Demographic:** Adolescent/ Adult

## **Erin R. Tancemore, LCSW**

2303 Bel Air Rd/ Ste B/ Fallston, MD 21047/ 443.758.4152

**Office Hours:** 5p-8:30p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Magellan/ComPsych/Commercial-out of network benefit

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Gene B. Popiolek, LCPC**

141 North Main St/ Bel Air, MD 21014/ 410.838.6880

**Office Hours:** 10a-8p (Mon-Thur)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna

**Demographic:** Adolescent/ Adult

**Specialty Area:** anxiety, depression, mindfulness based cognitive therapy

## **Gwen V. Merz, LCSW-C**

407 East Churchville Rd/ Ste 201/ Churchville, MD 21014/ 410.967.2175

**Office Hours:** 5p-9p (Tues, Wed)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Tricare/Medicare/Magellan/Medicaid/APS/ Golden Rule/Multi Plan/MHN/MHNet/United Behavioral Health/Value Options/Optimum Choice/One Net/Mutual of Omaha

**Demographic:** Child/ Adolescent/ Adult

## **Harford Counseling**

1201 Agora Dr/ Ste LB-2/ Bel Air, MD 21014/ 410.836.7332

**Office Hours:** 8a-8p (Mon-Fri), 9a-12p (Sat-every other weekend)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Medicare/Medicaid/United Behavioral Health/ComPsych/Tricare/United Healthcare/Commercial Payers/self pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** substance abuse addiction, PTSD

## **Harford Psychological Services**

2021 Emmorton Rd/ Ste 120A/ Bel Air, MD 21015/ 410.569.5001

**Office Hours:** 8a-6p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Tricare/ComPsych/United Healthcare/APS/United Behavioral Health/Magellan/Value Options/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Karen M. Sugden, MSW, LCSW-C, LCAD-C**

419 Cedar Springs Rd/ Bel Air, MD 21015/ 443.406.4757

**Office Hours:** various day hours (Tues-Thur)

**Accepted Insurance:** Carefirst-BCBS/APS/NCAS/University of MD-EAP/Behavioral Health Systems/JHHP-EHP/US Family Health Plan/United Behavioral Health/Magellan/Commercial-out of network benefit/self pay

**Demographic:** Adult

**Specialty Area:** addiction, dual diagnosis, anxiety, depression, trauma

## **Keypoint Health Services**

135 North Parke St/ Aberdeen, MD 21001/ 443.625.1600

**Office Hours:** 8:30a-7p (Mon-Wed) & 8:30a-5p (Thurs & Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicare/Medicaid

**Demographic:** Children/ Adolescent/ Adult

## **Lauren Bryant Counseling**

3313 Paper Mill Rd/ Ste 5/ Phoenix, MD 21131/ 443.913.0706

**Office Hours:** 9a-9p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/ComPsych/Magellan/APS/self pay

**Demographic:** Adolescent/ Adult/ Geriatric

## **Linda Fritch, LCSW**

336 South Main St/ Ste 1C/ Bel Air, MD 21014/ 410.459.9666

**Office Hours:** 8a-9p (Tues, Wed)

**Accepted Insurance:** Carefirst-BCBS/Cigna/Aetna/Medicaid/Magellan/APS/Value Options/ComPsych/MH Net/Commercial-out of network benefit/self pay

**Demographic:** Child/ Adolescent/ Adult

## **Mirarchi & Kelly**

1810 Bel Air Rd/ Ste 203/ Fallston, MD 21047/ 410.879.7269/ 410.838.6566

**Office Hours:** 9a-6:30p (Mon-Thur)

**Accepted Insurance:** Medicare/Tricare/self pay-will provide information for patient to submit to health plan

**Demographic:** Child 6+/ Adolescent/ Adult/ Geriatric

## **Dr. Nelson Bentley and Associates**

336 South Main St/ Ste A/ Bel Air, MD 21014/ 410.893.0995

**Office Hours:** 9a-5p (Mon-Thur)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Magellan/Medicare/JHHP-EHP/Cigna/APS/Value Options/United Behavioral Health/ComPsych/most major health plans/Commercial-out of network benefit/Self-Pay

**Demographic:** Adolescent/ Adult/ Geriatric

## **North Park Family Consultation Center**

4 C North Ave/ Suite 403/ Bel Air, MD 21014/ 410.638.7088

**Office Hours:** 1p-9p (Mon-Fri) 9a-1p (Sat-by appointment)

**Accepted Insurance:** Carefirst-BCBS/Aetna/United Healthcare/Value Options/Tricare

**Demographic:** Child/ Adolescent/ Adult

## **OIC Counseling Services**

336 S. Main St/ Suite 1C/ Bel Air, MD 21014/ 410.695.4801

**Office Hours:** 9a-8p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/Medicare/Magellan/Aetna/Cigna/JHHP-EHP/ComPsych/Tricare/APS/ Commercial-out of network benefit/Self Pay

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

**Specialty Area:** bipolar disorder, coping skills

## **Paul B. Sheesley, MA, LCPC**

101 S. Main St/ Suite 307/ Bel Air, MD 21014/ 443.910.3911

**Office Hours:** 4:45p-7p (Mon, Tues, Fri) & 8a-2p (1 Sat per month)

**Accepted Insurance:** Carefirst-BCBS/Medicaid/Magellan/Optum Behavioral Health

**Demographic:** Adolescent/ Adult/ Geriatric

## **Stacy Stearns, LCPC**

4 North Ave/ Ste 303B/ Bel Air, MD 21014/ 443.243.2107

**Office Hours:** 9a-9p (Mon), 9a-5p (Tues)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/Tricare/MH Net/Value Options/Medicaid/United Healthcare/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult/ Geriatric



## **The Children's Guild**

6802 McClean Blvd/ Baltimore, MD 21234/ 410.444.3800 ext 1202

**Office Hours:** 8:30a-6p (Mon-Fri), additional appointment times by request

**Accepted Insurance:** Carefirst-BCBS/Medicaid/Tricare

**Demographic:** Child/ Adolescent (ages 3-18)

**Specialty Area:** Trauma, Anxiety, Depression, ADHD, Grief and Loss, Family and School Problems

## **University of MD at Harford Memorial Outpatient Behavioral Health**

501 South Union Ave/ Havre de Grace, MD 21078/ 443.843.8800/ 443.843.8054

**Office Hours:** 9a-5:30p (Mon-Fri)

**Accepted Insurance:** Carefirst-BCBS/Medicare/Medicaid/ Aetna/Cigna/Commercial Payers

**Demographic:** Adult/ Geriatric

## **Upper Bay Counseling and Support Services**

**Harford County:** 626 Revolution St/ Havre de Grace, MD 21078/ 410.996.3400/ 410.996.3450

**Office Hours:** 8a-8p (Mon, Tues), 8a-6p (Wed, Thurs) & 7a-3p (Fri)

**Cecil County:** 1275 B West Pulaski Hwy/ Elkton, MD 21922/ 410.996.3450

**Office Hours:** 8a-6p (Mon), 8a-8p (Tues-Thurs) & 7a-3p (Fri)

**Accepted Insurance:** Medicaid/Medicare/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Villa Maria/ Catholic Charities**

1301 Continental Dr/ Suite 101/ Abingdon, MD 21009/ 410.676.4002

**Office Hours:** 8a-5p (Mon-Fri)

**Accepted Insurance:** Medicaid

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **Whitesell & Associates**

900 A South Main St/ Suite 105/ Bel Air, MD 21014/ 410.457.7438

**Office Hours:** 9a-9p (Mon-Fri)

**Accepted Insurance:** Medicaid/Commercial Payers

**Demographic:** Child/ Adolescent/ Adult/ Geriatric

## **For Appointments in 3+ Weeks**

### **Geri L. Skuhr, LCSW-C, LCAD-C**

12559 Dulaney Valley Rd/ Phoenix, MD 21131/ 410.832.8700

**Office Hours:** 9a-6p (Mon-Wed)

**Accepted Insurance:** Carefirst-BCBS/Aetna/Cigna/APS/Magellan/United Behavioral Health/ComPsych/Value Options/self pay

**Demographic:** Adolescent/ Adult

### **Harford County Counseling Services**

801 Chance Court/ Street, MD 21154/ 410.893.7217

**Office Hours:** 7a-8p (Mon-Thur)

**Accepted Insurance:** APS/Cigna/JHHP-EHP/United Healthcare/United Behavioral Health/ Value Options/Medicare/Tricare/Commercial-out of network benefit/Self-Pay-sliding scale

**Demographic:** Adolescent/ Adult/ Geriatric

**Specialty Area:** Eye Movement Desensitization and Reprocessing (EMDR) therapy approach

## **Mina Kirkova Counseling**

3009 Jackson Ridge Court/ Phoenix, MD 21131/ 410-988-7247

**Office Hours:** 9a-9p (Mon-Sun)

**Accepted Insurance:** Carefirst-BCBS/Aetna/JHHP-EHP/Commercial-out of network benefit/  
Self-Pay

**Demographic:** Child/ Adolescent

**Specialty Area:** oppositional defiance disorder, ADHD, parent coaching, skill building

*Disclaimer: Harford County Health Department (HCHD) is offering this complementary directory for informational purposes only. The listing of providers does not constitute a recommendation of any one group or provider and is not an all inclusive listing. HCHD accepts no responsibility or liability for any damages arising from your use of this information.*

*Information contained within this directory is subject to change at any time without prior written notice from HCHD or the mental health providers listed.*

*Mental health providers may contact the Harford County Health Department at 410-273-5681 for any updates and or changes to the information noted in this directory.*